

# Volunteers Induction: Changes to your session due to Covid 19

## **Before your arrival**

- ❖ Please send a text to your Coach confirming your arrival and that you are fit and healthy before you leave home
- ❖ Remember to use the toilet before you leave home

## **On Arrival**

- ❖ Please park on the drive
- ❖ Take time to read the notices as you enter the yard through the main gate
- ❖ Please use hand sanitiser as you enter the yard through the main gate and meet with your Coach

## **Toilet**

- ❖ The toilet is available for use
- ❖ Please wash your hands following the NHS guidance – soap and paper towels are provided. Please dispose of them into the bin
- ❖ Please clean toilet/taps etc after use with the antiseptic wipes provided and leave the toilet area tidy

## **Tacking Up / Un tacking**

- ❖ On your first visit you will be shown what to do
- ❖ All the tack will need to be sanitised with a wipe/spray before each session

## **On completing the session**

- ❖ Use hand sanitiser as you leave the yard via the main gate

## **First Aid**

There will be a First Aider at every session as usual but should there be an accident, we require your permission to attend the casualty. We have the correct PPE to carry out first aid, the exception being CPR should it be required. Please inform the coach of your wishes before the first session.

## **We are so pleased to be able to welcome you back.**

**We hope these rules make you feel that we have everyone's health and well being at the top of our list. Please let us know if we can do anything to make you feel more secure.**